



**Moving Minds Movement Activity**  
**Small Group Math -**  
**Counting by 10s to 100**

**Materials / Equipment:**

- Floor markers with numbers from 10 - 100.

Set-up: Markers are placed on floor in such a way to encourage various movements.

| <b>Set-up</b>  | <b>Movements</b>  |
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| 1. Markers on a straight path.   | 1. <ul style="list-style-type: none"> <li>• Jumping forward with 2-feet or hopping on 1-foot.</li> <li>• Let children create own movement for this path.</li> </ul>   |
| 2. Hopscotch   | 2. Alternate between jump with feet apart & feet together. <ul style="list-style-type: none"> <li>• Alternate between 2-feet jump, 1-foot hop.</li> <li>• Alternated between 2-feet jump, to squat and 2-hands on 1-marker.</li> <li>• Let children create own movement for this path.</li> </ul> |
| 3. Let the children take turns creating their own movement paths.                  | 3. Let child decide on own movement to go with path created.  |
| Pictures of Hopscotch: Jumping 2-feet / 1-foot                                     | Or 2-feet / squat.  |
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